

## **Best Practice number-1**

### **Good health and well being Covid-19**

**Objectives:** The effect of winters (March 2020) of covid-19 surge is yet to be seen, however wearing a proper mask, following hand hygiene and social distancing are the main stay to prevent covid-19 infection till the vaccine arrives, day by day death toll increase in India. In some how people addicts with this condition but the climate change have a major impact in this current situation to make people more aware about this condition our members of different districts were visited their local areas to create awareness campaign on hand washing, social distancing and also distributed mask and soap among the local people. This is the time to be alert to be safe with proper precaution, total 132(Principal, lecturers and non teaching staff) members involved in this action.

*By MACC Chandur Rly*

The Faculty and Students of the college care team staff of participated in awareness campaign on prevention of COVID – 19 Distributed Pamphlets, demonstrated hand washing technique, health talk regarding COVID -19. Total Population Covered and handouts distributed is about 1000 people. Total areas covered are around 25 kms. Total Places covered are Bagapur (Adopted village, Chandur Rly. Bus Stand, Mahakali Temple, Main Market area, Vegetable Market, all Bank in city ,Weekly Market, Vakil Line, Milind Nagar, Dhanraj Nagar and Railway station area. our college unit work ranges from checking on pregnant and new mothers, testing for malaria, advising women on hygiene and contraception, holding meetings with Anganwadi workers, and following up houses for Covid symptoms and vaccines.

We face difficulties when began working as an ASHA workers and Aganwadi sevika. During visits, people many times would offer water in our glass that they would refuse to touch later. Dealing with the pandemic dealing with the pandemic was challenging to say the least, as many villagers initially thought Covid was a 'hoax' and feared they would die if they get vaccinated. However, through patience and guidance, we able to convince people in Chandur Railway and adopted village to get tested, isolate (if Covid positive), and get vaccinated. During the second wave on 2<sup>nd</sup> May this year. 'The second wave was bhayanak (terrifying our college unit is happy that with ASHA workers and Agawadi Sevika are being recognised. We like helping people. Seeing them healthy and happy makes me satisfied, Constantly we wants to share her knowledge and information with people and is happiest while assisting deliveries or saving someone.

'We are so lucky to be able to witness that feeling of mothers holding their children. And saving someone gives us happiness and satisfaction which no amount of money can ever give.' 'Not everyone is lucky to be a social worker. You are lucky to have this opportunity. So work from the heart.'

#### ***College organize a COVID-19 Awareness Program.***

- ◆ To update on COVID – 19.
- ◆ To describe the revised guidelines in the infection prevention and control protocols of COVID -19.

- ◆ To explain the roles and responsibilities of student nurses and faculty in handling COVID 19 and protect themselves in various settings.
- ◆ To sensitize on dangers of non-compliance with COVID - 19 guidelines.
- ◆ To state post COVID complications & care.
- ◆ To report the physical and mental health issues of COVID-19 restrictions.

### ***Pandemic Preparation***

A pandemic causes economic and social problems because so many people are ill or can't work.

- Here are a few things circulated among students for themselves and their family members and their relatives you can do to help your family and your community before and during a pandemic:
  - Make an emergency contact list.
  - Find local aid organizations in case you need information, support, or health services.
  - Find out whether you can work from home.
  - Plan home learning activities in case college is closed.
  - Store extra water, food, medicine, and supplies.
  - Stay as healthy as you can by getting rest, managing stress, eating right, and exercising.
  - Help seniors and neighbours by sharing information and resources.  
Save helpline number

### ***Context:***

When” Educate a boy and you will educate an individual. Educate a girl you will educate an entire family.” “Our country has shown rapid improvement in the field of girl’s education since independence. However, we cannot rest on our laurels. We have to continue working hard to ensure every girl and boy in this country enjoy access to quality education. The need for empowerment of women through education was keenly felt amongst socially aware citizens before independence as well. A group of dedicated individuals founded by Vidarbha Youth Welfare Society Amravati in 1965 to enable every child to enjoy his/her right to promote education of girls for all-round development. The sapling, which started with just five student has now grown into a gigantic tree nurturing more than 2000 girls by providing quality, comprehensive and all round education. Nearing its centenary year, the school has been striving consistently to raise the bar to ensure its students are qualified to tackle the competitive world outside the school walls. Shouldering the responsibility of education.

### ***Practice:***

In the academic year 2020-21 under the guidance of college principal, college staff council meeting was organized and staff member decided to do all the things necessary for benefits of our students and their families in Pandemic Covid-19

Action plan for fighting against in Pandemic Covid-19-

1. Awareness program for students and staff
2. Sanitization of college premises, offices, toilets,
3. Free Mask distribution to students and visitors of institute

4. Hand pump of sanitizer on the gate of the college.
  - Thermal Scanners
  - Oxymeter
  - Alcohol based Sanitizers
  - Face Masks
  - Face Shields
  - Gloves
  - Hand Wash
5. Rest room arrangement with first aid box, thermometer, oxymeter, sanitizer and hand wash,
6. Anti bacterial spray for using newly brought things for office and for students.
7. College is closed but office is working as per guidelines of government, in that situation if students came for inquiring scholarship forms, or exam form submission or asking for help teaching and non teaching for supporting. At that time find symptoms of covid was observed at the time of checking temperature and oxygen level, the students were referred to doctors and all necessary expenditures were done by college teachers.

List of students-

*B. A. I*

1. Payal Gulhane
2. Mrunal U.Pachkhede
3. Bhuneshwari Deshmukh
4. Gauri Deshmikh
5. Farheen Shekh
6. Jyoti shelke
7. Shrya Jain
8. Archana Jain
9. Bhavan Tayade
10. Nikita Tekade

Fortunately no one results in positive. Decided to take RTPCR frequently in college

8. On line counselling sessions by teaching staff.
9. New Special committee was formed for stress management under the chairman ship of college principal.
10. Different on-line Competitions are organised for students like poster painting, poem writing, essay writing, slogan writing on Awareness of Covid-19
11. Economical/Money management in pandemics Save money, do not use credit card, take loan with aligning insurance, Medical -claim insurance. Guidance of online transaction to parents and students.
12. NSS volunteer from different village decided to meet in two or three numbers and organised bicycle rally for Awareness of Covid-19.
13. Arranged special online workshop with demonstration for college students on breathing and importance of yoga in pandemic.
14. Arranged lectures on diet planning in pandemic.

15. As soon as Vaccine became available for Covid-19. A new wave arose in society but lack of knowledge people are not interested in vaccination motif so again students and staff arrange different tricks to motivate people to take vaccine.

Best Practice 2. Describe two best practices successfully implemented by the Institution as per NAAC format provided in the Manual.



Free Mask Distribution



Covid 19 Counselling



Covid 19 Awareness programme at adopted village.

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## **Best Practice II:**

Title of the Practice: **Objective Outcome Based Education Practice**

### **Objectives:**

- To focus on student learning outcomes.
- To train Graduates suitable to post graduated, industry/entrepreneurship/research
- To ensure Continuous Quality Improvement

### **Context:**

Along with the traditional methods of teaching, Outcome Based Education is practiced in the institute. The traditional method focusing on 'covering the content' is giving much less thought to the 'learning by the student' and has been generating graduates with lower employability. The content-driven approach to teaching has been referred to as a teacher-centred approach where instructional objectives and learning outcomes are not comprehensively planned and informed to students. Stress on Lower Order Thinking Skills and Student assessment is not aligned to program outcomes. The Outcome Based Education activities such as quiz, course seminar, course project, subject proficiency test based on Blooms taxonomy help a faculty member evaluate the student on continuous basis. This system focuses on providing a platform to apply the knowledge gained by the student, apart from what the student has learnt and understood. Hence outcome based orientation has become essential for quality education in Arts graduation course.

## Practice:

- Our institution is an affiliated college. As per the University guidelines internal assessment test, practical examination and university examination are the only ways of assessing the academic performance of the student. OBE includes quiz, assignments, seminar, presentations, etc., adopting Blooms Taxonomy. Continuous counselling was done to explain the importance of these activities in their academic and professional life which motivated the students to participating in the OBE activities.
- Stating clear vision and mission of each program in line with the vision and mission of the Institution
- Articulation of program educational objectives, program outcomes and program specific outcomes development of curriculum with broad knowledge areas specified by national and international bodies.
- Establishing rubrics for measuring the learning outcomes with emphasis on attaining blooms levels
- Feedback sought for curricular improvements and update periodically

## Evidence of Success:

- It has been evident that students have become more confident and they have good learning experience. This has helped them in performing well in the University exams and helped students to educate and become best human being with skilled mothers in future .



Convocation Ceremony Year 2020